



NO-BAKE CHOCOLATE ENERGY BITES

(source: www.cookingclassy.com/2014/06/bake-chocolate-energy-bites)

Here's a quick and easy chocolaty snack (without all the added sugar). Great for kids and adult lunches or an afternoon snack. Make a double batch to bring and share or freeze for your next chocolate craving.

Prep Time: 10 minutes • Yield: About 20 bites

INGREDIENTS:

- 1/2 cup no stir almond butter (or creamy peanut butter)
- 1/4 cup + 2 Tbsp honey
- 1 tsp vanilla extract
- 3 Tbsp unsweetened cocoa powder
- Up to 4 tsp warm water, as needed
- 1 cup old fashioned oats (raw)
- 3/4 cup toasted or raw coconut (we used sweetened)
- 1/2 cup flaxseed meal
- 6 Tbsp semi-sweet chocolate chips

DIRECTIONS:

In a mixing bowl, stir together almond butter, honey, vanilla and cocoa powder.

If mixture seems too thick stir in 2 tsp warm water to thin.

Add oats, coconut, flaxseed meal and chocolate chips and stir until evenly coated. At this point if mixture still doesn't stick well, stir in up to 2 tsp water as needed.

Transfer mixture to refrigerator or freezer and chill until nearly set and easier to handle.

Remove from refrigerator and shape into 1-inch balls.

Store in refrigerator in an airtight container.

